Name:

Class Period:

**Decision Making Skills Worksheet**

**Due Next Class**

Create a pneumonic device for the 6 steps in Decision-Making. A pneumonic device is a story or poem that will help you remember each step.

Example: seeing lizards walk crazily makes David anxiously eat donuts

**Seeing** (State the Situation)

**Lizards** (List the Options)

**Walk** (Weigh the Options, Remember “Help” Pneumonic)

**Crazily** (Consider Values)

**Makes David Anxiously** (Make a Decision and Act on It)

**Eat Donuts** (Evaluate the Decision)

1.

2.

3.

4.

5.

6.

Use your pneumonic device to help you make at least 2 decisions before the next class. Write out the details of each step and BE Specific!

Decision #1

Decision #2